PROFESSIONAL PROFILE/BIOSKETCH

Name (Last, First): Komarek, Paul

Project Role: Project Consultant, Curriculum Developer

POST-SECONDARY EDUCATION/TRAINING/FELLOWSHIPS

| INSTITUTION AND LOCATION | DEGREE (if applicable) | DATE COMPLETED | FIELD OF STUDY | |
|---|---------------------------|----------------|---|--|
| Northern KY University Chase College of Law | JD cum laude | 1986 | Law | |
| American University School of International Service | BS | 1977 | Interdisciplinary Studies in East Asia with Honors in International Studies | |

Extensive continuing education, including X-LAB (Xavier University's Entrepreneurship Laboratory); Civic Engagement Intensive Workshops with Peter Block; CoreChange Appreciative Inquiry Summit with Peter Senge and David Cooperrider; Restorative Circle Process with Dominic Barter; Innovation Engineering with Doug Hall; GrassRoots Leadership Academy; Beech Acres Mediation Training; FBI Citizens Academy; Collaborative Law Institute; Criminal Justice/Mental Health Institute. Many other continuing education conferences and workshops.

PROFESSIONAL STATEMENT

Paul Komarek is a consultant, author and educator focused on the social aspects of "biopsychosocial" problems like addiction, mental illness, violence, and suicide. His mission is to take on tough problems and help people make progress in their lives. His current work involves stopping the heroin epidemic; addressing trauma; confronting social determinants of health in Native American and African American communities; ending cycles of violence; addressing the effects of globalization. He has four decades of experience working with public systems, treatment systems, businesses, educational institutions, faith-based programs, and community groups, and has developed and led training programs for adult learners throughout his career.

EMPLOYMENT HISTORY

| 1995-present | Consultant and Principal Member, Human Intervention LLC |
|--------------|--|
| 2009-2010 | Grants Manager, Greater Cincinnati Urban League |
| | |
| 2008 | Executive Director, Recovery Resource Center |
| 2003-2015 | Adjunct Instructor, Cincinnati State Technical and Community College |
| 1996-2000 | Older Adult Resource Developer, Catholic Social Services of SW Ohio |
| 1986-1995 | Practice of Law |
| 1978-1985 | Claims Representative/Trainer, Social Security Administration |
| | |

| <u>Honors</u> | | | | |
|---------------|--|--|--|--|
| 1977 | | | | |

Fletcher Scholar Award, American University

HONORS/ AFFILIATIONS (MEMBERSHIP OR LEADERSHIP POSITIONS)

NAMI OHIO, NAMI HAMILTON COUNTY. State board of directors, President of local affiliate. WEST END HEALTH CENTER (Cincinnati FQHC) ; Board member, quality improvement committee chair HAMILTON COUNTY SAMI LEADERSHIP TEAM; Leadership Team Member on multisector system reform initiative

SELECTED NON-PEER REVIEWED PUBLICATIONS

Realms of Peer Support: Ordinary People and the Future of Health (2016). SAMHSA BRSS-TACS funded White Paper. SHARP Stop Heroin and Rescue People: A Workbook for Communities. Church Basement Press, 2014. "Alcoholism: Effects on Families." SAGE Encyclopedia of Alcohol, Scott C. Martin, Ed. Sage Publications, 2015. Defying Mental Illness: Finding Recovery with Community Resources and Family Support . Church Basement Press, 2011. Revised 2012, 2013. Articles "Patient Advocacy," "Deinstitutionalization," "Involuntary Treatment," "Disability," "Medicare and Medicaid," and "Social Security" in Cultural Sociology of Mental Illness (Sage Publications, 2014). Redesigning Mental Illness (blog) http://www.redesigningmentalillness.net 2012 -present Schizophrenia: A Blueprint for Recovery by Milt Greek (editorial and design work). Published 2011, revised 2012. Delusions, Meaning and Transformation by Milt Greek (editorial and design work). 2014.

You Are Not Alone: NAMI Ohio Family and Consumer Resource Guide. NAMI Ohio 2004.

Guardianship Initiative Toolkit. NAMI Ohio 2003.

"The Olmstead Decision and Ohio's Community Mental Health Crisis." NAMI Ohio News Briefs, Winter 2002. "Focus on Caregiving," Family Information Services, January 2001.

"Handicap Discrimination Law" (chapter) in P. Tobias Litigating Wrongful Discharge Claims, 1986.

SELECTED PRESENTATIONS

SOLUTIONS TO HEROIN, Midwest Forum on Hospitals, Healthcare Systems and Population Health, Chicago; Kentucky and Missouri State Peer Support Network conferences (2017).

"Creating a Personal Recovery Strategy" and "Designing Fundable Programs" Kentucky State Peer Support Conference 2015.

"From Heroin to Health." Northern KY University 2014.

Supporting Success, 12-hour state certified training for Targeted Case Manager services (2015)

CURRENT/COMPLETED PROJECTS

| INSTITUTION AND LOCATION | RESPONSIBILITIES | DATES |
|---|--|-----------|
| Longest Walk 5 – A series of three Walks Across | National Event Director; Technical | |
| America led by Dennis Banks, Founder of the | consultant on addiction, suicide, trauma | 2016 - |
| American Indian Movement | and social determinants of health. | |
| Kentucky Criminal Justice Forum A series of public | | |
| forums bringing together Kentucky legislators, | | |
| criminal justice professionals, people who | Leadership Team member, organizing | 2019 - |
| experienced incarceration, re-entry workers, | committee member | |
| healthcare professionals, constituents, and people | | |
| affected by the justice system | | |
| Northern Kentucky Heroin Impact Response Team | Consultant to Dr. Jeremy Engel | 2013 - |
| PEER SUPPORT SAMHSA BRSS-TACS | Consultant; Draft Project White Paper | 2016 |
| Hamilton County SAMI Leadership Team – County- | | |
| wide multisystem effort to implement IDDT model | Leadership Team member | 2000-2004 |
| "no wrong door" system in Hamilton County, Ohio. | | |
| Cincinnati Mediation Project Ohio State Bar | | |
| Foundation-funded effort to bring volunteer-delivered | Project Director | 2010 |
| community-based mediation services to Hamilton | | |
| County, Ohio | | |
| Working with People with Mental Illnesses in the | Project developer, curriculum author, | |
| Criminal Justice System. NAMI Ohio, Ohio Supreme | trainer. Curriculum was adopted by State | 2000-2002 |
| Court and Ohio Department of Mental Health training | of Kentucky and deployed in all jails across | 2000 2002 |
| for courts and jails | the state. | |

ADDITIONAL INFORMATION

Successful accreditation and licensing projects include four behavioral health treatment programs; a licensed preschool program for a charter school; and a Small Business Development Center.